



GYM SPACE FOR HIRE

NORTH SHORE | LAID OUT GYM

Need a dynamic space to train, move, and connect?
Affordable Student Rates | Flexible Schedule | Friendly Environment

Call Rachel on 021 633 760 to book a tour or find out more.

www.laidout.co.nz

FACILITIES

250M2 OF LOCAL WAIRAU VALLEY GYM SPACE

From boxing and PT sessions to yoga and team building days — our vibrant local gym is ready for hire!

Facilities:

- Xfit rig
- Weights
- Boxing bags
- Cardio machines
- Purpose built yoga room
- On site showers + lockers
- Kitchenette



RATES

COMPETITIVE RATES

Trainer PT Sessions:

- \$15 + GST per hour (No minimum hire time required)
- OR \$150 + GST per week and train as much as you like.

Regular full gym hire for classes:

- \$50 + GST per hour (up to 5 hours per week)
- \$40 + GST per hour (over 5 hours per week)

One-off full gym hire for events:

- \$100 + GST per hour (up to 3 hours)
- \$80 + GST per hour (over 3 hours)





**LAI D OUT
GYM**

Location

211b Archers Rd
Wairau Valley
Auckland

E gym@plumbuilt.co.nz

P 021 758 661

www.laidout.co.nz



ESTD

2021

LAID OUT
GYM

