

A photograph of two women in a gym. One woman is in the foreground, smiling and wearing a dark hoodie with 'I AM HOPE' printed on it. The other woman is in the background, also smiling and wearing a dark long-sleeved top. They are surrounded by gym equipment like a rowing machine, resistance bands, and mats.

GYM SPACE FOR HIRE

NORTH SHORE | LAID OUT GYM

Need a dynamic space to train, move, and connect?

Affordable Rates | Flexible Schedule | Friendly Environment

Call Rachel on 021 633 760 to book a tour or find out more.

www.laidout.co.nz

FACILITIES

250M2 OF LOCAL WAIRAU VALLEY GYM SPACE

From boxing and PT sessions to yoga and team building days – our vibrant local gym is ready for hire!

Facilities:

- Xfit rig
- Weights
- Boxing bags
- Cardio machines
- Purpose built yoga room
- On site showers + lockers
- Kitchenette



RATES

COMPETITIVE RATES

Hourly rates for regular full gym hire:

- \$50 + GST per hour (up to 5 hours per week)
- \$40 + GST per hour (over 5 hours per week)

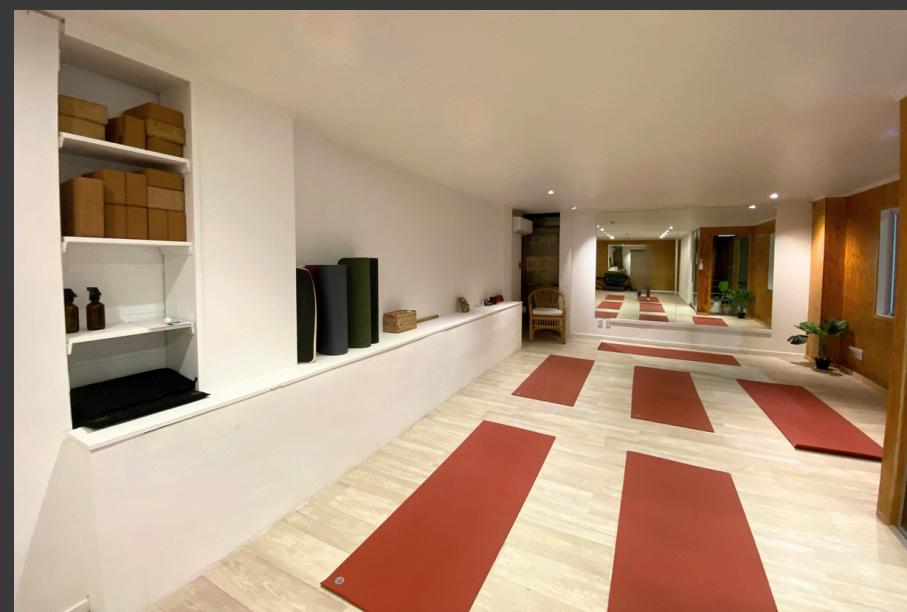
Hourly rates for full gym hire (one-off events):

- \$100 + GST per hour (up to 3 hours)
- \$80 + GST per hour (over 3 hours)

Hourly rates for Trainers PT Sessions:

- \$20 + GST per hour (Not Full Gym Hire) No minimum hire time.

Come and see what we are all about. Contact Rachel on 021 633 760 to book a tour or learn more.





Location

211b Archers Rd
Wairau Valley
Auckland

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