

A photograph of two women in a gym. The woman on the left is wearing a black long-sleeved top and black leggings, and is holding a blue mat. The woman on the right is wearing a black hoodie and black leggings, and is smiling. They are standing in front of a large wooden wall. There is a black metal frame with a barbell in the background. The text "GYM SPACE FOR HIRE" is overlaid in a large, green, brush-stroke font.

# GYM SPACE FOR HIRE

## NORTH SHORE | LAID OUT GYM

**Need a dynamic space to train, move, and connect?  
Affordable Rates | Flexible Schedule | Friendly Environment**

Call Rachel on 021 633 760 to book a tour or find out more.

[www.laidout.co.nz](http://www.laidout.co.nz)

# FACILITIES

## 250M2 OF LOCAL WAIRAU VALLEY GYM SPACE

From boxing and PT sessions to yoga and team building days — our vibrant local gym is ready for hire!

### Facilities:

- Xfit rig
- Weights
- Boxing bags
- Cardio machines
- Purpose built yoga room
- On site showers + lockers
- Kitchenette





# RATES

## COMPETITIVE RATES

Hourly rates for regular full gym hire:

- \$50 + GST per hour (up to 5 hours per week)
- \$40 + GST per hour (over 5 hours per week)

Hourly rates for full gym hire (one-off events):

- \$100 + GST per hour (up to 3 hours)
- \$80 + GST per hour (over 3 hours)

Hourly rates for Trainers PT Sessions:

- \$20 + GST per hour (Not Full Gym Hire) No minimum hire time.

Come and see what we are all about. Contact Rachel on 021 633 760 to book a tour or learn more.







### Location

211b Archers Rd  
Wairau Valley  
Auckland

E [gym@plumbuilt.co.nz](mailto:gym@plumbuilt.co.nz)

P 021 633 760

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